



Opening Times

Monday	9.30am - 3.00pm
Tuesday	9.30am - 8.00pm
Wednesday	9.30am - 6.00pm
Thursday	9.30am - 8.00pm
Friday	9.30am - 6.00pm
Saturday	9.00am - 4.00pm
Sunday	Closed

18 Town Street
Duffield
Derbyshire DE56 4EH

To make an appointment
please call **01332 841499**
or **book online** at
www.bbeautyandspa.co.uk



b e a u t y & s p a

Treatment Menu



b e a u t y & s p a

Welcome

Step inside our beautiful salon...



5 luxurious treatment rooms including our couples treatment room



7 seater state of the art manicure and pedicure salon



Designed to rejuvenate, relax and restore you



EXTRAORDINARY RESULTS after just one treatment



BIOTEC Line Eraser Facial

Increases skin firmness and elasticity by up to 95%*

100% of subjects felt they would postpone surgery or Botox in favour of a course of facial treatments*

* Independent Clinical Trials 2014



Advanced Facials

The unique fusion of actives, touch & technology

TECHNOLOGY | Non-Surgical Face Lifting and Skin Resurfacing

Biotec Line Eraser 1 hour £65*

Target wrinkles and stimulate the skin towards optimum performance with this powerfully rejuvenating facial.

Biotec Firm-A-Lift 1 hour £65*

A ground-breaking blend of massage and sculpting technology for a visibly contoured complexion.

Biotec Skin Resurfacer 1 hour £65*

Address uneven skin tone with this ultrasonic peel for skin that has never been softer or smoother.

30 minute Biotec Facial 30 mins £35

Targeted treatment for your specific concerns.

Biotec Add-ons*

Eyes 30 mins £32

Jowl/Neck 30 mins £32

TECHNOLOGY | Skin Solutions

Biotec Radiance Renew 1 hour £60*

The powerful antidote to tired and sluggish complexions for instantly visible radiance.

Biotec Blemish Control 1 hour £60*

A potent anti-oxidant and anti-bacterial treatment to balance and soothe blemishes and speed recovery.

Biotec Sensitive Skin Soother 1 hour £60*

An oxygen-infused calming treatment for skin that encourages cell strength and natural balance.

BIOTEC Super-Charger for Men 1 hour £60*

This is the facial to de-stress, de-age and de-fatigue the male complexion while activating ultimate skin dynamism. A triple hit of ultrasonic peeling, steam and galvanic current delivers a deep clean, simultaneously exfoliating and powering up Kalpariane's anti-wrinkle properties and Samphire's hydrating potency. An oxygen infusion is the final blast of energy for real, best face forward results.

Recommended treatment course of facials 1 x week for 6 weeks

Buy 5 facials get 1 FREE

(Resurfacing facial, blemish control, sensitive skin soother 1 X facial every 3 weeks)

TOUCH | Anti-Ageing

Pro-Collagen Age Defy **1 hour 10 mins £68**

This is the treatment to tackle fine lines and wrinkles and help support the cellular structure of the skin. The proven benefits of marine charged Padina Pavonica and Red Coral help plump out fine lines, whilst Indian Mulberry reduces skin-fatigue, helping relax wrinkles. Targeted lymphatic drainage massage re-energises and rejuvenates, while an age-defying peel-off mask encourages the highest cellular function, visibly improving firmness and elasticity for beautifully nourished, younger looking skin.

Pro-Definition Lift and Contour **1 hour 10 mins £65**

Powered by breakthrough technology targeting sagging jowls, cheeks and jawlines, this facial helps restore the architecture of the face. The Arjuna and Lupin-infused jowl and chin mask works on elasticity, whilst potent nutrients and stem cells found in Edelweiss and Tiger Grass help support the extra-cellular matrix. The structure of the skin is boosted through a unique deep, muscle toning massage from the scalp to the décolleté. The skin appears plumper and revitalised, creating a profoundly sculpted, youthful effect.

Dynamic Resurfacing Precision Peel **1 hour £65**

This highly potent couture resurfacing treatment targets the signs of ageing and dull, tired, uneven skin tone. Specifically designed to work in conjunction with your skin's unique structure, this pioneering precision layering protocol uses three layers of enzymes to nibble the dead skin away, revealing extraordinary results. This system delivers powerful exfoliation and renewal for smoother, younger looking skin, whilst a steam and extraction cleanses at a deeper level. A new start for new skin that has never looked better.

Elemis Taster Facial **30 mins £28**

30 minutes to a smooth glowing complexion. Perfect for a quick fix, these facials are uniquely designed for maximum results in minimum time

TOUCH | Skin Solutions

Superfood Pro-Radiance **1 hour 10 mins £55**

This is a crafted nutritional boost for stressed, dull skin. Rich in superfoods, essential minerals and trace elements; Magnesium, Potassium, Zinc, Vitamin A and E form a mineral army to jump start tired and exhausted skin. An amino active mask helps restore lost moisture, deeply nourish, detox and pack the skin with powerful, energising nutrients. Skin is left smoother, plumper and luminously radiant – stress-free and lit up with good health.

Sensitive Skin Soother **1 hour 10 mins £55**

Fragile skin needs special attention. A subtle, calming massage technique is used to help reduce the appearance of redness and strengthen the top layer of a delicate skin, protecting against daily stresses. The soothing properties of Moroccan Rose, Chamomile and Apricot are combined to gently cleanse and exfoliate, whilst the deeply nourishing Neroli mask leaves skin nurtured and comforted. Texture and tone are dramatically restored. Moisture levels are boosted. Skin is left supremely calm and confident.

Anti-Blemish Mattify and Calm **55 mins £50**

A deeply cleansing revelation for oily, unsettled, congested or hormonal skin. This mattifying facial helps combat oil and shine using the proven power of Lavender, packed full of blemish-banishing Linalyl Acetate. Lavender Cellular Recovery capsules, balancing toner and repair mask work in unison to regulate oil flow and calm the skin, while intuitive massage helps restore micro-circulation and re-oxygenate, improving tone and texture. A deeply detoxifying treatment for lastingly clear, bright skin.

TOUCH | Mens

High Performance Skin Energiser **1 hour 10 mins £65**

This is the hard-working facial for ageing, stressed, dehydrated skin and tired eyes. An energising treatment that speaks to every skin concern, restoring vital moisture and nutrient levels. It maximises cell regeneration, whilst steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst targeted scalp and foot massage deeply relax. Finally the uniquely nourishing Pro-Collagen Marine Cream for Men is worked into a receptive, revitalised skin for a vibrant and energised result.

Massage treatments

Massage

Freestyle Deep Tissue Massage 30 mins £29 45 mins £39 1 hour £51 1 hour 30 mins £80

This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, pure relaxation or emotional balance. Skin is prepped to release toxins and the flowing massage works deeper and deeper into the tension, encouraging optimum circulation. As effective as an hour's stretching, but so much more nurturing.



Body treatments

Detox and Cellulite

Thousand Flower Detox Wrap

1 hour £55

Aromatic Tahitian Coconut and Frangipani flowers are soaked together to produce Monoi which is poured over the body then cocooned in a foil wrap. Drenches skin with moisture and provides ultimate radiance, vitality and all over body glow.

***Targeted Toning Tightener**

1 hour 30 mins £85

Tightening and toning are the pillars of this treatment. A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms. Nigari salt deeply cleanses, followed by a targeted sculpting massage to kick-start the micro-circulation, promoting a smoother silhouette and invigorating the entire body. A cooling rubberised mask, rich in super-detoxing caffeine and green clay is applied to problem areas, whilst clinically proven Red Algae redefines areas prone to sagging. The result is a targeted body airbrush and skin that looks and feels intensely toned and refreshed.

***Choose a localised treatment: Arms, Hips & Thighs, or Abdomen**

30 mins £36

Scrubs and Wraps

Body Nectar Nourishing Wrap – Sweet Orchid or Frangipani

1 hour £50

This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi oil offers super-hydration, quenching a thirsty skin. The aromatic oil is applied using sweeping strokes with maximum attention paid to any particularly parched areas. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work. An emotionally grounding experience for skin that has never felt silkier.

Intensely Cleansing Salt Scrub – Lime and Ginger or Frangipani

30 mins £32

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Delivers velvety soft, invigorated skin.

Massage & Holistic

Massage

Lava Shells thermal massage

30 mins £32 45 mins £42 1 hour £55

The world's first self heating massage tool. Lava Shells emit natural heat allowing a continuous and seamless massage using the unique Lava Shells to provide a deep warming massage experience.

LAVASHELLS®



Swedish Massage 30 mins Back £27
45 mins Back £37
1 hour Full Body £50

A de-stressing medium pressure massage to relax and soothe away tension.

Aromatherapy Massage 30 mins Back £30
1 hour Full Body £52

A relaxing and calming massage using a blend of essential oils to soothe away tension - light pressure.

Holistic

Indian Head Massage 45 mins £38

A relaxing and stress relieving massage including the head, scalp, face, back and shoulders working on the mind body and soul whilst balancing energies.

Hopi Ear Candles 45 mins £36

Hopi Ear Candling is a pleasant and non-invasive treatment of the ears, it is used to offer real and calming benefits for many problems and conditions associated with the ear, nose and throat areas. A Hopi ear candle treatment is deeply relaxing, calming and soothing.

ELEMIS
SPA THERAPY

Pregnancy Treatments

Peaceful Pregnancy Facial & Massage

1 hour 20 mins £60

This unique pregnancy massage is a profoundly nurturing and tranquil oasis. Mothers-to-be are lulled and restored to optimum wellness. An intuitive, sensitive and relaxing body massage hydrates and moisturises skin that is expanding to accommodate a growing baby. Only nurturing aromatics are imparted – along with wisdom, empathy and respect.

Peaceful Pregnancy Face and Body Experience

2 hours £110

The beautifully reviving facial and specially formulated massage take care of all your skin's needs during pregnancy. This treatment combination will gently address any visible effects of hormonal changes on the skin and supports it as it accommodates your baby. Taking care of your ever-changing needs at this very special time. Just nurture, nourishment and tranquility.

Pregnancy Back Massage*

30 mins £30

A gentle back massage specifically designed for pregnant women to reduce tension in the back and neck.

Pregnancy Leg Massage*

30 mins £30

Suffering from swollen ankles, tired puffy legs, then our pregnancy leg massage has been designed to reduce puffiness and relax your aching limbs.

*Treatments suitable from 12 weeks onwards



THIS IS NOT JUST A PEEL



THIS IS BIOSURFACE™ PEEL

We believe a chemical peel should work with the skin, not against it. So we developed new Expert Strength BioSurface Peel, the world's most innovative peel for the world's most highly trained skin therapists. Its unique multi-phase approach powerfully targets fine lines, hyperpigmentation and acne to take skin health to a whole new depth. No scarring. No downtime.

we are dermalogica®
The number one choice of professional skin therapists, even for their own skin.

dermalogica®

Face and Body

Anti-Ageing and Skin Solutions

NEW Bio Surface Peel Facial

1 hour *£65

Best for powerfully smoothing uneven skin. A Professional chemical peel designed to dramatically reduce skin roughness without scarring or downtime. Let us design a series of treatments to address your specific needs - from wrinkles to acne breakouts.

*Recommended course of 6 facials to be repeated every 6 months. Buy 5 and get 1 free £325

Age Smart Anti-ageing Facial

1 hour 15 mins £58

Combined vitamin and hydroxy acid exfoliation, energising massage techniques that release tension in the facial muscles and a specialised masque make the ultimate skin therapy for prematurely-ageing, dry or devitalised skin. Skin will be noticeably firmer, smoother and revived.

MediBac Clearing™ Facial

1 hour 15 mins £56

Breakouts have finally met their match! We'll focus on deep-cleansing, purification, extractions, and hydration to target current breakouts while helping to prevent future activity.

Environmental Control Treatment

1 hour 15 mins £56

Is your skin looking red and inflamed or feeling itchy? Settle in for our super smoothing treatment that includes gentle cleansing, a calming masque and therapies that help instantly calm redness and reduce inflammation.

Shave Men's Facial Treatment

1 hour 15 mins £56

While skin is the same, men's skin does have different needs and concerns. Target them with this treatment that focuses on deep cleansing, smoothing exfoliation, extractions and critical hydration for healthier skin and a fresh appearance.

Luxury Skin Advisor Facial

30 mins £28

Enjoy an in depth consultation, analysis and prescription from your therapist followed by a customised cleanse, steam and power exfoliation with a face and eye mask or relaxing face and scalp massage.

Dermalogica Purifying Back Treatment

30 mins £30

This is commonly known as a facial for your back. Refreshing and revitalising – Start with a deep cleanse to wash away excess oil, followed by a thorough exfoliation to remove unwanted dead skin cells and reveal softer smoother skin. Then you can relax as the therapist uses a stress relief treatment oil to massage you leaving you feeling relaxed and rejuvenated.

Lycon
precision waxing

Intimate Waxing

Lycon Intimate Bikini Waxing

Hollywood £34

Removes all the hair to your requirements.

Playboy £29

Removes everything but a small amount of hair at the top of the bikini.

Brazilian Wax £26

Removes everything but an inch strip of hair.

Hot Oil Wax Bikini £16

Removes all the hair from outside the bikini line.



Hair Removal

Waxing

Eyebrow Shaping £11

Lip or Chin £11

Lip and Chin £14

Nasal Wax £11

Lip, Chin & Nasal Wax £16

Underarm £12

Half Arm £15

Full Arm £28

Half Leg £20

Half Leg and Bikini £33

Half Leg, Bikini and Underarm £42

Full Leg £30

Male Waxing

Back, Chest and Stomach £45

Chest and Stomach £30

Back Wax £30

Chest Wax £30

Nasal, Ear and Eyebrow Tidy £18

Eyebrow Tidy £11

STEREX
electrolysis

Electrolysis

Safe Permanent Hair Removal

Electrolysis is an effective permanent hair removal for all hair types to remove unwanted hair growth, by causing controlled tissue destruction at the base of the follicle to weaken the hair and inhibit growth.

Treatments Prices

10 mins £15

25 mins £28

Course of 12 x 10 mins treatments £160

Course of 12 x 25 mins treatments £300

Saving 10%

Eye Treatments

Eyebrow Shape (waxing) £11

Eyebrow Shape and Tint £18*

Eyebrow Tint £12*

Eyelash Tinting £16*

Eyelash & Brow Tinting £22*

Eyelash & Brow Tinting with Brow Shaping £26*

*Please note for all tinting extensions a patch test is required 48 hours before your treatment.

Coming Soon - Microblading Semi permanent make up

This amazing treatment can fully re-define and re-construct over plucked and sparse eyebrows.

Microblading is a semi permanent cosmetic tattooing treatment that fills in sparse eyebrows. This technique uses a hand held tool with needles to apply pigment that stimulate additional hairs. The results are beautiful natural and realistic looking brows.

The colour fades over time and regular touch ups are recommended to maintain optimal results.

K · B
PRO



Eyelash Treatments

LVL - Lift Volume Length 1 hour £55

The original lash lifting treatment loved by celebrities and clients alike. An invaluable treatment for clients who want luscious lashes without wearing mascara or lash extensions, lasting 6-8 weeks.

The amazing LVL treatment straightens your natural eyelashes at the root, so unlike a traditional lash perm it creates the effect of longer, lifted lashes.

Lash Relaxer 15 mins £10

This quick treatment with straighten your lashes ready for the perfect application of LVL Enhance or Nouveau Contour eyelashes.

Nouveau Lashes Eyelash extensions

Choose from a variety of looks that last from one day to two weeks.

Nouveau Strip Lashes & application £16

Strip Lash application only £11

Nouveau Lashes express 30 mins £28

The quicker alternative to extend eyelashes, express are great alternative for busy people or social occasions. They create a full and soft effect and can last 1 week.

Nouveau Lashes 1 hour £40

Extend individual lashes

Semi permanent lash extensions that give longer, thicker, natural looking lashes in 1 hour.

*please note Nouveau Contour recommend removing lashes after 2 weeks to ensure lashes remain strong & healthy. Patch test required.

Eyelash Removal 15 mins £15

Eyelash Removal home kit £12



Gel Nails

Gel Overlays

OPI Colour Gel 1 hour £33*
Hands or Feet

The first pure gel that looks like varnish but lasts for up to 2 weeks, includes relaxing hand massage

Bio Sculpture Gel 1 hour 15 mins £36*
Hands or Feet

A permanent nail colour that last for up to 3-4 weeks without chipping and dries in 30 seconds

*Upgrade to OPI gel manicure or pedicure additional £13.

Gel Soak Off Treatments

Mini Manicure, Soak Off and Hydrating Nail Treatment 45 mins £26

The recommended treatment to restore your nails back to their original condition after wearing gel nails. We will soak off the gels off, file and shape the nails, tidy and trim the cuticles, exfoliate the hands and finish with a soothing hand massage and nail strengthening treatment to keep them in tip top condition.

OPI Colour Gel Soak Off with a new set £5

OPI Colour Gel Soak Off Only £10

Bio Sculpture Gel Soak Off with a new set £10

Bio Sculpture Gel Soak Off Only £12

O·P·I

Manicure & Pedicure

OPI Pure Varnish

Manicure 1 hour £32

Deluxe Manicure 1 hour 15 mins £38

Including nail diagnosis, application of recommended treatment, nail shaping and cuticle tidying followed by a relaxing hand and arm massage and finished with your choice of OPI colour. Deluxe treatment includes heated mittens.

Pedicure 1 hour £32

Deluxe Pedicure 1 hour 15 mins £38

Including exfoliating foot scrub and hard skin removal, nail diagnosis, application of recommended treatment, nail shaping and cuticle tidying followed by a relaxing foot and leg massage and finished with your choice of OPI colour. Deluxe treatment includes heated mittens.

Mini Manicure

Mini Pedicure (with polish) 45 mins £26

After shaping the nails we will tidy your cuticles and finish with an application of your choice of OPI colour.

Mini Manicure

Mini Pedicure (without polish) 45 mins £26

Nail diagnosis, application of recommended treatment, nail shaping and cuticle tidying followed by a soothing hand massage.

ST.TROPEZ

Spray Tanning

Express Spray Tan

Full Body	£27
Half Body	£17

St Tropez Self Tan Express is the most revolutionary tan yet. Just leave the tan on for 1-3 hours then shower and wait for the colour to develop over the next 8 hours. No more sticky smelly tan that has to be worn for hours.

Dark Spray Tan

Full Body	£27
Half Body	£17

A darker deeper tan perfect for all skin types.

Luxe Oil Spray Tan

Full Body	£27
Half Body	£17

The most luxurious tan yet for the ultimate natural looking golden glow. Gives a radiant dewy glow with no tan smell, quick drying and intensely hydrating.

Classic Spray Tan

Full Body	£27
Half Body	£17

The original spray tan for a golden glow.

Body Exfoliation

Full Body Exfoliation	£30
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An invigorating full body exfoliation using the st tropez body polish to eliminate dead skin cells and reveal brighter, softer, smoother skin - the perfect 1st step to the ultimate tan

Full Body Exfoliation & SprayTan	£50
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A full body exfoliation using the st tropez body polish followed by a flawless application of the St Tropez spray tan.



*For optimum results please shower and exfoliate 24 hours before your treatment and do not moisturise, wax or shave on the day of your treatment. Bring dark loose clothing and flip-flops to wear after your treatment.

SA

SIMPLY AESTHETICS

LOVE THE WAY YOU LOOK

BOTOX, FILLERS & FACIAL REJUVENATION

Botox

Botox - Botulinium Toxin for fine lines and wrinkles	
1 area	£195
2 areas	£275
3 areas	£310

Price includes a review and top up if required within 2-3 weeks.

Dermal fillers

Restalyne/emervel classic/juvaderm 4	£300
Perlane/Emervel deep	1ml £320
Lip fillers (light/full volume)	£300-£350
Lip lines	1 ml £350
Cheek fillers	from £600

Discount packages

3 areas of botox & 2 syringes of filler	£799 (saving £151)
3 areas of botox & 3 syringes of filler	£999 (saving £371)

Dracula Therapy

1 session	£350
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A revolutionary injectable anti-ageing treatment which rejuvenates the skin and reduces the appearance of fine lines and wrinkles, using the patients own blood. It can also stimulate DNA repair, healing damaged tissue and reducing scarring.

Dermastamp

Micro needling designed to significantly improve the appearance of acne scars, aged and sun damaged skin, facial and decollete line, wrinkles or stretch marks. The therapy works to stimulate the skin to regenerate and repair itself naturally and safely.

Full face	£300
Course of 3	£799 (saving £101)
*Course of 6	£1395 (saving £1395)
*recommended for scarring	

We are proud to work alongside Simply Aesthetics Ltd and independent nurse prescriber Jessica Bush (MD,BMedSc,RN,DipHE Nursing,NMC Pin 92y0649E) to offer a range of non surgical cosmetic treatments and anti ageing solutions.

Clinics are held monthly and all consultations are Free of Charge with no obligation.

Please visit www.bbeautyandspa.co.uk for appointments and further details